



***“The Ultimate Summer Sports Camps for Kids”***



*Youth jazz dance is a high-energy, expressive style blending technique from ballet and modern dance with upbeat music. Characterized by sharp, stylized movements, body isolations, kicks, leaps, and turns, it focuses on developing coordination, rhythm, and personal flair in a fun environment.*

*Campers will be taught the art of this this dance throughout the program!*



**- Jazz -**



*Youth Hip Hop is an energetic, high-impact street dance style for children and teens, featuring rhythmic, grounded movements, isolations, and freestyle improvisation. Rooted in 1970s NY culture, it blends styles like breaking, locking, and popping to encourage creativity, confidence, and self-expression through modern music! Look out students, we're going to take you back and show you how youth dancing all began!*



**- Hip Hop -**



*Youth contemporary dance is an expressive, fluid style blending ballet, modern, and jazz to encourage creativity, emotional storytelling, and artistic freedom. It moves beyond rigid structures, offering young dancers a versatile, often improvisational, outlet to explore movement, music, and self-expression. Ladies, come out and express yourself!*



**- Contemporary -**



*Youth break dancing, commonly known as breaking, B-Boying, or B-Girling, is a dynamic, acrobatic street dance rooted in 1970s New York hip-hop culture. It emphasizes creativity, strength, and rhythm through four main elements: Toprock (standing), Footwork (floor-based), Power Moves (spins), and Freezes (balanced poses). It is highly popular among youth for building confidence, fitness, and self-expression, often performed in competitive, freestyle "battles" to funk or hip-hop music. Get ready for an all out fun time!*



**- Break Dance -**



*A youth dance team is a performance-based group that focuses on a mix of technical skill, synchronized movement, and team building for participants typically ranging from ages elementary to middle school. These teams provide a structured environment beyond recreational lessons, often preparing dancers for community events, game-day performances, or building youth cultures. Students will find ways to work together, as they build team awareness, while having a great time!*



**- Team Dance -**



*Campers receive (2) sets of cheer & dance practice gear to wear at camp. Travel bags with logo will also be issued to all campers. Campers must be in full camp gear while on the camp site. Campers are responsible for their sneakers. Campers will also be provide with water bottles and camp bags to bring the gear to camp.*



**- Dance Gear -**