

“Summer Camp - Sports Curriculum”



- About Us -



With the help County Schools Board, we proudly present **Supreme Summer Sports Camps**. By offering various camp options at three locations, we'll give parents the opportunity to send their child to a camp that can better themselves athletically over the summer break. Most theme sports camps are usually one (1) week and campers rarely don't get the fundamentals they need in that time frame and its not conducive to the parents summer schedule. Our five (5) week program is cost effective, safe, and allow each camper to work on his / her game during the summer. Supreme will provide all the amenities to help kids get ready for the upcoming season in the sports they love to play. Our Camp Directors will plan a sport curriculum tailor to the needs for all our campers . We look forward to working with your child, while providing every parent a peace of mind, as you look for a summer alternative. Camps are design for kids to have fun, socialize, and in some cases get training & there no better way to for a child to get all of the above than @

Supreme Summer Sports Camps!



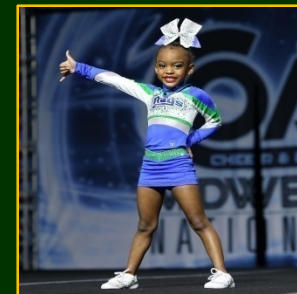
Basketball



Football



Track



Cheer & Dance



Soccer



Campers go through various basketball drills while attending our basketball camp. The emphasis is place helping campers get better with their dribbling, passing, shooting, and defensive skills. Team concepts are Introduced with various offensive & defensive plays implemented so campers can get ready for the upcoming season.

Campers will play games during the camp session! Individual instructions will be given at every grade level.

Hard work will be on display at this camp!

- Campers needed to bring -

- Basketball Shoes

Camp issued Practice Gear (everyday no exceptions)

Water Bottle

{2} Towels

Extra Socks

Travel Bag

Lunch & {3} Energy Snacks

White T-Shirts (under practice gear)

Great Attitude



- The Basketball Experience -



Campers go through various football drills while attending our camp. The emphasis is place helping campers get better with their footwork, passing, receiving, and defensive skills. Team concepts are Introduced with various offensive & defensive plays implemented so campers can get ready for the upcoming season. Campers will play games during the camp session! Individual instructions will be given at every grade level. Hard work will be on display at this camp!

- Campers needed to bring -

- Football Cleats
- Camp issued Practice Gear (everyday no exceptions)
- Water Bottle
- {2} Towels
- Extra Socks
- Travel Bag
- Lunch & {3} Energy Snacks
- White T-Shirts (under practice gear)
- Great Attitude



- The Football Experience -



Campers go through various cheerleading drills while attending our camp. The emphasis is place helping campers get better with their footwork, tumbling, jumps, dance steps, and team skills.

Team concepts are Introduce with various cheer routines are implemented so campers can get ready for the upcoming season. Individual instructions will be given at every grade level.

Hard work will be on display at this camp!

- Campers needed to bring -

Sneakers / Cheer Shoes

Camp issued Cheerleader Gear (everyday no exceptions)

Water Bottle

{2} Towels

Extra Socks

Travel Bag

Lunch & {3} Energy Snacks

White T-Shirts (under practice gear)

Great Attitude



- The Cheerleader Experience -

Track and field drills are dynamic exercises that help improve running form, speed, and efficiency, including drills like high knees, butt kicks, and straight leg runs. They can be used for warm-ups, speed work, or improving specific aspects of running technique. Campers will be introduced to various drills during camp.



Hard work will be on display at this Academy!

- Campers needed to bring -

Sneakers & Track Shoes

Camp issued Practice Gear - (everyday no exceptions)

Water Bottle

{2} Towels

Extra Socks

Travel Bag

White T-Shirts (under practice gear)

Great Attitude



- The Track Experience -

Campers go through various soccer drills while attending our camp. The emphasis is place helping campers get better with their footwork, passing, scoring, and defensive skills. Team concepts are introduced with various offensive & defensive plays implemented so campers can get ready for the upcoming season. Campers will play games during the camp session! Individual instructions will be given at every grade level.



Hard work will be on display at this camp!

- Campers needed to bring -

- Soccer Cleats
- Camp issued Practice Gear (everyday no exceptions)
- Water Bottle
- {2} Towels
- Extra Socks
- Travel Bag
- Lunch & {3} Energy Snacks
- White T-Shirts (under practice gear)
- Great Attitude



- The Soccer Experience -



Students go through various dance routines while attending our academy. The emphasis is placed on helping students get better with their footwork, tumbling, dance steps, and team skills. Team concepts are introduced with various dance routines, implemented so students can learn the beautiful art of dancing. Individual instructions will be given at every grade level.

Hard work will be on display at this camp!

- Campers needed to bring -

- Sneakers / Dance Shoes
- Camp issued dance Gear - (everyday no exceptions)
- Water Bottle
- {2} Towels
- Extra Socks
- Travel Bag
- Great Attitude



- The Dance Experience -